



**Kapok**   
HOTEL  
**Guest**  
**Directory**  
**& Menu**

30 April 2024

## HOTEL CONTACT INFORMATION

T| 1-868-622-5765 F| 1-868-622-9677

E| [stay@kapokhotel.com](mailto:stay@kapokhotel.com) W| [www.kapokhotel.com](http://www.kapokhotel.com)

Address| 16-18 Cotton Hill, St. Clair, Trinidad, W.I.

## TELEPHONE GUIDE

Front Desk (24 Hours)	5045/0
<b>Housekeeping/Dry Cleaning Services</b>	
8:00am - 4:30pm	5260
After 4:30pm	5045
Room to Room	Dial 7 + Room Number
Baggage Assistance	5045
Tiki Village Restaurant and Room Service	3825
KAVA Cafe and Room Service	3020
Local Calls	Dial 8 + Telephone Number

*All local calls are charged according to the duration and are subject to a surcharge.*

### Overseas Calls

Dial 8 + International Access Code + Country Code + Area Code + Telephone Number

(e.g. North America; 8-1-946-123-456 or UK; 8-011-44-751-765-4321)

Refer to telephone directory for codes and detailed instructions. After dialing, please do not hold for more than 5 rings as you may be billed by the Telephone Company. All overseas calls are charged according to the destination and duration and are subject to surcharge.

## Toll Free Calls

A flat surcharge is applicable for each call made. Toll-free numbers are not toll free from Trinidad & Tobago and these calls will be charged at the normal per minute rate for the destination and are subject to surcharge.

**Banquet & Meeting Rooms** 5032 (or 5045 after hours)

Facilities are available for business and social events from 4 to 200 persons.

## Business Services

### Rates (US\$)

- Printer: US\$0.66 per page + 12.5% VAT
- Copies: US \$0.16 per page + 12.5% VAT

## IN CASE OF EMERGENCY

### Evacuation

The fire emergency and evacuation instructions are posted on the inside of your entrance door. Please familiarize yourself with the location of the nearest fire escape.

In the event of an emergency, **DO NOT USE THE ELEVATORS.**

If you have any questions, please contact the Front Desk for assistance.

### EMERGENCY CONTACT INFORMATION

**FOR IMMEDIATE ASSISTANCE PLEASE DIAL '0' FOR THE OPERATOR**

### Insects

The hotel has a rigorous extermination program for insect and pest control. However, being a tropical island with a warm climate, regrettably, these are sometimes encountered.

### Smoking Policy

The Tobacco Control Act of Trinidad and Tobago (2009) prohibits the smoking of cigarettes, marijuana, and e-cigarettes in all indoor public spaces, indoor workplaces, and public transport. Kapok Hotel therefore is a SMOKE-FREE hotel. A US\$200 room recovery fee will be charged for smoking in guest rooms. Designated smoking areas (cigarettes & e-cigarettes only) include Bois Cano Terrace and KAVA patio.

## HOTEL SERVICES

### **Car Rentals / Taxi Services** 5045

Contact the Front Desk for additional information.

### **Check-out Time**

Our check-out time is at 12:00 noon. If you wish to extend your stay beyond 12:00 noon, please contact the Front Desk at 5045 or 0.

### **Dining**

#### **Tiki Village Restaurant (8th Floor) 3825**

Breakfast Daily	6:30am - 10:00am
Monday & Tuesday	CLOSED
Wednesday	3:00pm - 10:00pm
Thursday to Sunday	12:00 noon - 10:00pm

Kitchen closes at 9:00pm daily

#### **KAVA Café (Lobby level) 3020**

Sunday: 12:00 noon - 9:00pm  
Kitchen closes at 8:45pm

Monday to Thursday: 12:00 noon - 11:00pm  
Kitchen closes at 10:00pm

Friday & Saturday 12:00 noon - 12:00 midnight  
Kitchen closes at 11:00pm

### **Dry Cleaning & Laundry** 5260 (Call 5045 after 4:30pm)

Service is available through an off-site, independent company Monday through Saturday (except public holidays). Items sent by 8:00am will be returned by 9:00am on the following day (except Sundays and Public holidays). Laundry lists and bags are located in your closet. Please leave a message with your name and room number on the Housekeeper's voicemail extension 5260 (5045 after 4:30pm) or drop off the laundry bag and completed slip at the front desk by 8:00am.

### **Electricity**

110-120 volts single phase. AC/60 cycles.

### **Exercise Facility**

Located at poolside. Access is via the 2nd floor or the lobby corridor. Open 6:00am – 10:00pm daily.

## **Pool & Pool Terrace**

Located on the ground floor. Access is via the 2nd floor or the lobby corridor. Towels are available at the Pool. There is no lifeguard on duty. The Pool is for the exclusive use of registered hotel guests only. Opening Hours: 6:00am – 10.00pm daily.

## **Ice Machine and Water Dispenser**

Ice machine is located on the 2nd Floor. Water Dispensers are on the 2nd, 4th, and 6th Floors.

## **Laundromat (Self-Service)**

Located on the 2nd floor, equipped with a full-sized washing machine and dryer. Tokens and laundry detergent can be purchased at the Front Desk.

## **Lobby Shop**

Beverages, snacks and basic toiletries are available for purchase, located on the ground floor. Open 24 hours.

## **Messages (Voicemail)**

A flashing coloured light on your telephone indicates that a message is being held for you. To retrieve your message(s) conveniently and in complete privacy: Dial 5555. Verbal instructions for playing, deleting or keeping messages will be provided.

Saved messages can be replayed at any time, but your message indicator will not flash. Your message indicator will only flash when there are new messages. Upon check out, your messages will be removed from the messaging system so make certain that you have listened to them all. If you require assistance, please contact the Front Desk.

## **Safes**

The hotel will not be responsible for valuables left in the room. A safe is located in the in-room closet for the safe keeping of personal valuables. The hotel does not accept responsibility for cash, valuables and other contents left in safes. Please utilize a 4-digit code that you will remember to lock your safe. For security purposes, a Manager must be contacted to open the safe if a code is forgotten (note this may only be possible during the period 8:00am to 11:00pm. However, we will attempt to facilitate such requests after hours). Please leave the safe in your room unlocked after you have removed your valuables at the end of your stay.

## **Spa Services**

Enjoy spa treatment in the privacy of your room. For more information on services available, please call the Front Desk at 5045.

# FLOW

## Channel Line Up DIGITAL

Channel	Number	Station
60	1	ABC
60	2	NBC
60	3	T&T Travel Channel
61	1	CBS
61	2	Lifetime
61	3	Flow Sports 1
62	2	Lifetime Movie Network
63	1	Food Network
63	2	HGTV
63	3	HBO Caribbean
63	4	HBO Family
64	2	MAX Caribbean East
64	3	HBO Extreme
66	1	CNN
66	2	CNN Headline News
67	1	IETV
67	2	CNC3
67	3	CCN TV6
67	4	TTT
67	5	Gayelle
68	1	Sports Grid
68	2	TTEN
68	3	Synergy
68	4	MTV
68	5	BET



# FLOW

## Channel Line Up DIGITAL

Channel	Number	Station
69	2	Zee TV
69	3	Discovery Channel
69	5	Animal Planet
70	1	TCL
70	4	ESPN 2
70	5	ESPN international
70	6	GOLF
71	1	Discovery Kids
71	2	Cartoon Network
71	3	Disney Channel
71	4	Nickelodeon
71	5	TNT Series
72	2	BRAVO
72	3	A&E
72	4	COMEDY CENTRAL
72	5	E! Entertainment
73	1	TCM
73	3	TNT International
73	4	GNS
74	1	CNN INTERNATIONAL
74	2	Bloomberg TV
74	3	BBC World
74	4	CNN Espanol



# FLOW

## Channel Line Up DIGITAL

Channel	Number	Station
75	1	The Cooking Channel
75	3	A Wealth of Entertainment
76	3	SportsMax
76	4	MSNBC
77	2	FOX
77	3	Lifetime Real Women
77	4	Cala Westerns
78	2	Fox News
78	3	Parliament Channel
78	4	Classic Arts
79	1	Warner
79	10	SRAY01—Hit Llist
79	11	SRAY02—Pop Adult
79	12	SRAY03—Swinging Standards
79	13	SRAY04—Jukebox Oldies
79	14	SRAY05—Flashback 70s
79	15	SRAY06—Everything 80s
79	16	SRAY07—Nothin’ But 90s
79	17	SRAY08—Maximum Party
79	18	SRAY09—Groove (Disco & Funk)
79	19	SRAY10—Dance Clubbin’
79	20	SRAY11—Holiday Hits







## TIKI VILLAGE ROOM SERVICE MENU

Dial 3825

*\*Complimentary breakfast for registered guests is available  
for in-house dining only at Tiki Village Restaurant.*

### BREAKFAST

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<b>Juice (Orange, Apple, Pineapple)</b>	\$16.00
<b>Yoghurt</b>	\$18.00
<b>Oatmeal</b>	\$30.00
<b>Pot of Coffee or Tea</b>	\$20.00
<b>Fruit Plate</b>	\$45.00
<b>Eggs Any Style*</b>	\$80.00
<i>Three eggs scrambled, poached or fried, served with a choice of bacon or pork sausage or turkey sausage</i>	
<b>The Classic Omelette*</b>	\$78.00
<i>Ham &amp; cheese</i>	
<b>The Works Omelette*</b>	\$89.00
<i>Cheese, ham, peppers, onions, tomatoes, &amp; mushrooms</i>	
<b>Trini Omelette*</b>	\$89.00
<i>Saltfish Buljol, onions, tomatoes, pimento peppers &amp; sweet peppers</i>	
<i>*Eggs &amp; Omelettes Served with breakfast potatoes and choice of wheat, white or multigrain toast</i>	
<b>Trini Breakfast</b>	\$89.00
<i>Saltfish Buljol, scrambled eggs, breakfast potatoes &amp; bake</i>	
<b>Belly Full Breakfast</b>	\$92.00
<i>Pancakes, scrambled eggs, a choice of bacon or pork sausage or turkey sausage &amp; toast</i>	
<b>Side Order:</b>	
Cheese	\$25.00
Bacon or Pork Sausage	\$38.00
Ham	\$25.00
<b>Toast (3 slices)</b>	\$18.00
<i>Choice of white, whole wheat, multigrain, with butter &amp; preserves.</i>	

This menu is for room service only. Please scan QR code for restaurant menus.

Prices are subject to 10% Service Charge & 12.5% VAT.

Prices are in TT Dollars and subject to change

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## TIKI VILLAGE ROOM SERVICE MENU

Dial 3825

### SNACKS

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<b>Grilled Cheese Sandwich</b>	\$40.00
<b>Ham Sandwich</b>	\$40.00
<b>Ham and Cheese Sandwich</b>	\$48.00
<b>Club Sandwich (bacon, chicken and cheese)</b>	\$58.00
<b>Chicken Sandwich</b>	\$55.00
<b>Fried Wontons (shrimp)</b>	\$82.00
<b>Fried Wontons (chicken)</b>	\$66.00
<b>Steamed Wontons (shrimp)</b>	\$88.00
<b>Steamed Wontons (chicken)</b>	\$72.00
<b>French Fries</b>	\$40.00
<b>Ice Cream</b>	\$40.00
<b>Cheesecake</b>	\$60.00

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## TIKI VILLAGE ROOM SERVICE MENU

Dial 3825

### SOUPS

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<b>Foo Young Kai Nap Soup</b>	\$42.00
<b>Chicken Corn Soup (contains eggs)</b>	\$42.00

### ENTRÉES

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<b>Shrimp Scampi Platter</b>	\$150.00
<i>Served with jasmine rice and Chinese vegetables</i>	
<b>Caribbean Seafood Platter</b>	\$162.00
<i>Combination of deep-fried shrimp and fillet of fish served with French fries and salad</i>	
<b>Chicken and Chips Platter</b>	\$138.00
<i>Boneless breast of chicken fried in a batter, served with French fries and salad</i>	
<b>Doon Goo Chicken Platter</b>	\$135.00
<i>Boneless chicken sautéed with mushrooms in oyster sauce, served with jasmine rice and mixed vegetables</i>	
<b>Vegetarian Combination Platter</b>	\$125.00
<i>Dow Fu (Tofu) sauteed with fresh mixed vegetables and served with jasmine rice</i>	
<b>Steak Samoa Platter</b>	\$298.00
<i>8oz Steak south sea style served with French fries and salad</i>	
<b>Tiki Platter</b>	\$148.00
<i>Combination of fried rice, lemon chicken, egg roll and Chinese vegetables</i>	
<b>Sweet and Sour Pork Platter</b>	\$135.00
<i>Served with fried rice, Chinese vegetables and egg roll</i>	

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## TIKI VILLAGE & KAVA ROOM SERVICE MENU

Dial 3825 for Tiki Village / 3020 for KAVA

### BEVERAGES

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Tiki Punch [ <i>our famous house creation</i> ]	\$65.00
Carib / Stag Beer	\$18.00
Heineken / Corona Beer	\$20.00
Scotch – Johnny Walker Black	\$55.00
Gin - Tanqueray	\$55.00
Vodka - Absolut	\$60.00
Rum – Royal Oak	\$40.00
Rum Punch	\$55.00
White/Red House Wine [by the glass]	\$60.00
Bentley	\$25.00
Coconut Water	\$20.00
Island Crush	\$50.00
<i>[Mango Passion / Raspberry Mango / Guava Passion]</i>	
Orange / Pineapple / Apple Juice / Fruit Punch	\$16.00
Seasoned Tomato Juice	\$40.00
Cranberry Juice	\$20.00
Soft Drinks	\$12.00
Mineral Water [small]	\$12.00
Mineral Water [large]	\$23.00
Perrier Sparkling Water [small]	\$25.00
Perrier Sparkling Water [large]	\$35.00

### BOTTLED LIQUOR AND WINE ARE AVAILABLE UPON REQUEST

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## KAVA ROOM SERVICE MENU

Dial 3020

### CUTTERS & SANDWICHES

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<b>Vegetable Samosas (5)</b>	\$70.00
<b>Wings</b>	\$120.00
<i>BBQ, sweet chili, or buffalo</i>	
<b>Soup of the Day</b>	\$32.00
<b>Gourmet Beef Burger</b>	\$98.00
<i>Beef burger on a toasted bun, served with fries or salad</i>	
<b>Gourmet Lamb Burger</b>	\$108.00
<i>Custom made, with mint yoghurt dressing, served with fries or salad</i>	
<b>KAVA Chicken Sandwich</b>	\$90.00
<i>herb fried chicken breast, mozzarella cheese, KAVA caramelized onions, lettuce, tomatoes</i>	
<b>Herbed Fries</b>	\$40.00
<i>A delicious house specialty with garlic, fresh rosemary &amp; other herbs</i>	

### SALADS

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<b>Traditional Caesar Salad</b>	\$58.00
<i>Romaine lettuce with Parmesan Cheese and Crisp Croutons</i>	
<i>With Grilled Chicken</i>	\$108.00
<i>With Grilled Shrimp</i>	\$126.00
<b>Greek Salad</b>	\$68.00
<i>Olives, Feta Cheese, onions, tomatoes, cucumbers and bell peppers</i>	
<i>With Grilled Chicken</i>	\$118.00
<i>With Grilled Shrimp</i>	\$130.00

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## KAVA ROOM SERVICE MENU

Dial 3020

### ARTISAN BRICK OVEN PIZZA 13" THIN CRUST

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<b>Margherita</b>	\$100.00	
<i>Tomato sauce, mozzarella and fresh basil</i>		
<b>Hawaiian</b>	\$118.00	
<i>Tomato sauce, mozzarella, chicken or ham and pineapple</i>		
<b>Pepperoni</b>	\$124.00	
<i>Tomato sauce, mozzarella, pepperoni and fresh basil</i>		
<b>Meat Lovers</b>	\$138.00	
<i>Tomato sauce, mozzarella, bacon, ground beef, pepperoni &amp; sausage</i>		
<b>Extra Toppings</b>	\$10.00 (each)	
- Bacon	- Pineapple	- Mushrooms
- Sweet peppers	- Ham	- Olives

### ENTRÉES

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<b>Atlantic Salmon</b>	\$165.00
<i>Teriyaki &amp; mango glazed Atlantic salmon, pan seared, potatoes &amp; vegetables</i>	
<b>Roasted Vegetables</b>	\$112.00
<i>Eggplant &amp; onion, zucchini, tomato, green pepper with goat cheese, pesto, balsamic vinegar</i>	
<b>Pork Ribs (half rack)</b>	\$190.00
<i>Served with our signature house BBQ sauce, garden salad, choice of 1 side</i>	
<b>Volcano Shrimp</b>	\$154.00
<i>Pan seared shrimp in a creamy mild spicy pimento BBQ sauce, tossed in pasta</i>	
<b>Striploin Steak *</b>	\$280.00
<b>Bone in Aged Ribeye (16oz) Steak *</b>	\$398.00

*\*Served with chimichurri, herbed mushroom sauce, salad, choice of 1 side*

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## LOBBY SHOP ITEMS

### BEVERAGES

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Beer—Carib or Stag Can	\$16.00
Beer—Heineken Can	\$17.78
Gatorade	\$12.44
Snapple	\$13.33
Soft Drink 20oz	\$8.89
Soft Drink—Glass 8.5oz	\$6.22
Water—Dasani 500ml	\$5.33
Water—San Pellegrino 1L	\$22.22
Angostura LLB	\$8.89

### CHOCOLATES

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Cadbury Chocolate	\$13.33
M&Ms	\$9.78
Milky Way	\$9.78
Snickers Almond	\$9.78
Snickers Original	\$9.78
Tunnock's Caramel	\$7.00
Twix	\$9.78

### ICE CREAM

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Häagen-Dazs Bar	\$30.00
Häagen-Dazs Cup	\$19.55
Häagen-Dazs Pint	\$68.00

### BISCUITS & CRACKERS

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Crix Flavoured Minis	\$7.11
Dixee—Cheese, Peanut Butter or Guava	\$7.11
Wheat Crisps	\$4.44

### KISS SNACK CAKES

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Cup Cake	\$5.33
Fruit Slice	\$6.22

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## LOBBY SHOP ITEMS

### SNACKS

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Sun Mix—Nutty Surprise, Fruit Fest, Granola Crunch, Salty Sweet, & Classic Supreme	\$11.55
Gum—Dentyne Ice or Trident	\$14.22
Holiday Peanuts	\$5.34
Otis Homestyle Muffins	\$13.33
Plantain Chips	\$7.11
Planters—Cashew Nuts	\$97.78
Planters—Cocktail Peanuts Lg.	\$44.44
Planters—Mixed Nuts	\$66.67
Pringles	\$11.56
Skittles	\$9.78

### PERSONAL ITEMS

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Adaptor / Power Converter—110V to 220V	\$48.89
Batteries (AA / AAA)	\$26.67
Comb	\$6.22
Condom	\$31.11
Deodorant	\$30.22
Lip Balm	\$22.22
Laundry Token	\$22.22
Off Insect Repellant	\$80.00
Sunscreen	\$93.33
Razors	\$8.89
Sanitary Pads	\$17.78
Tampons	\$22.22
Toothbrush	\$17.78
Toothpaste	\$13.33
Face Shield	\$22.22
Face Mask	\$10.67

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